



Week Three of Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Shepherd's Pie	Chicken Pie With Mash Potato	Roast Pork With Crispy Roast Potatoes and Gravy	Italian Bolognese With Pasta	Cod Fish Fingers With Chipped Potatoes
Vegetarian	Vegetable Curry With Rice	Leek And Cheddar Sausages	Mushroom And Vegetable Risotto	Jacket Potato With Curry Coleslaw	Cauliflower Cheese
Vegetables	Mixed Vegetables	Fresh Cauliflower Fresh Carrots	Cabbage Broccoli	Sweetcorn Leeks	Baked Beans Garden Peas
Salad	Mixed Salad	Light Crunchy Coleslaw	Cucumber And Tomato Salad	Green Salad	Caesar Salad
Desserts	Wholemeal Chocolate Crunch With Fruit Slices Seasonal Fresh Fruit	Carrot Cake With Cream Cheese Topping Seasonal Fresh Fruit	Muffins With Custard Seasonal Fresh Fruit	Ginger Sponge With Warm Compote Seasonal Fresh Fruit	Homemade Yoghurt Dessert Seasonal Fresh Fruit
Drinks	Cool Milk or Chilled Water	Cool Milk or Chilled Water	Cool Milk or Chilled Water	Cool Milk or Chilled Water	Cool Milk or Chilled Water

Bread is available daily. Please note that recipes can be provided on request.

$$\begin{array}{r} 1 \times 5 = 5 \\ 2 \times 5 = 10 \\ 3 \times 5 = 15 \\ 4 \times 5 = 20 \end{array}$$